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It's only been a few sessions, and my child is already starting to recognize when their anxious thoughts might be 'false alarms.'

- Brightline parent



Get virtual behavioral health support for **your family**

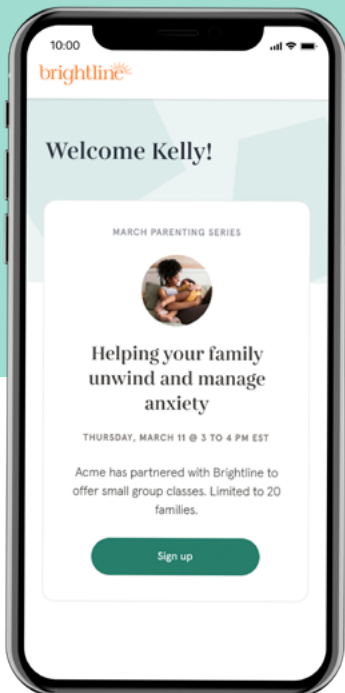
Brightline's services — what's covered:

START HERE

Connect+

On-the-go access to personalized content, group classes, interactive exercises, and chat with coaches for tips and guidance

Available nationwide

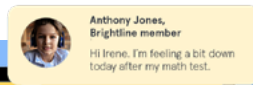
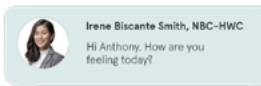


GET SUPPORT WHEN YOU NEED IT

Coaching

Programs to help tackle everyday common challenges with expert behavioral health coaches in as few as four sessions

Available nationwide



Care

Personalized behavior therapy, speech therapy, and medication evaluation & support from licensed Brightline clinicians

Available nationwide



GET STARTED AT

hellobrightline.com/benefits

Questions? Get in touch with Brightline Member Support
888-224-7332 care@hellobrightline.com

How to get started?

1 Easily and quickly sign up at hellobrightline.com/benefits

2 Create an account and access Brightline Connect+

3 Answer a few questions so we can get you the right care

4 Schedule your first appointment with no long wait lists

Why go with Brightline?

NO MORE QUESTION MARKS

We get you answers and support at every step, from check-ins with your child's therapist to regular progress updates.

THE RIGHT CARE AT THE RIGHT TIME

Our expert care teams work with you on personalized care plans that work for your child and for you.

VIRTUAL CARE FROM ANYWHERE

Access confidential video visits plus on-demand chats, tips & resources, and interactive exercises in Brightline Connect+.

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hellobrightline.com/benefits



brightline

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